



TY CEIRIOS

NURSING HOME

Sample Weekly Lunch Menu

Monday

Main Course

Shepherd's Pie *or*
Cauliflower &
Broccoli Pasta

Served with

Croquette Potatoes

Accompanied by

Minted Summer
Vegetables &
Brussels Sprouts

Dessert

Syrup Sponge

Tuesday

Main Course

Baked Steak &
Potato Pie *or*

Creamy
Vegetable

Cheese Bake

Accompanied by

Sliced Carrots &
Broccoli

Dessert

Stewed Apples *or*
Lemon Flavour Sponge

Wednesday

Main Course

Chicken Korma *or*
Beef Lasagne

Served with

Sauté Potatoes *or*

White Rice

Accompanied by

Mashed Root
Vegetables &
Broccoli

Dessert

Chef's Rice Pudding

Thursday

Main Course

Cottage Pie *or*
Breaded Cod

Served with

Minted Boiled
Potatoes

Accompanied by

Colcannon Mash *or*
Baby Potatoes

Dessert

Chef's Rice Pudding
Somerset Apple Cake

Saturday

Main Course

Potato Topped
Chicken Pie *or*
Tuna Pasta Bake

Served with

Croquette Potatoes

Mashed Potato

Dessert

Apple Sponge
Rhubarb Crumble

Dessert

Rhubarb Crumble

Sunday

Main Course

Sausages in Onion
Gravy *or*
Savoury Minced Beef

Served with

Golden Roast
Potatoes *or* Roeid

Dessert

Jam Sponge *or*
Chef's Rice Pudding

Dessert

Chocolate Chip Sponge

Breakfast includes a flexible selection of hot and cold options tailored to resident preferences.

Afternoon tea features freshly prepared soups, sandwiches, pies, and light bites.